

# ICD School

## March 2018 School Lunch Menu

All Lunch Trays Include  
Milk Choice or Bottled Water,  
Salad Bar and Fruit of the Day.



Student Lunch ..... \$3.25  
Extra Entrée..... \$1.00

### À LA CARTE ITEMS

Milk Choice ..... \$0.50  
Orange Juice ..... \$0.50  
Water-10oz..... \$0.50  
G2 gatorade-12oz.. \$1.25  
Salad Bar Only ..... \$3.00  
Breakfast Items ..... Varied  
Snack Items ..... Varied

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Lucky Tray Day

### Alternate Entrée Choices

#### Available Weekly

Mondays.....Chicken Nuggets (5)  
Tuesdays.....Hot Dog  
Wednesdays.....Cheeseburger on a Bun  
Thursdays.....Breaded Chicken Patty Sandwich  
Fridays.....Cheese Pizza

#2

#### Available Daily

Peanut Butter & Jelly Sandwich

#3

### ICD CAFÉ'S SALAD BAR

Lettuce (Mixed Romaine & Iceberg), Baby Carrots, Broccoli Florets, Green Peas, Diced Green Peppers, Diced Onions, Chopped Tomatoes, Black Beans, Craisins, Diced Eggs, Cottage Cheese, Shredded Cheddar Cheese, Homemade Ranch Dressing, Golden Italian Dressing, Applesauce and Fruit of the Day.



AVAILABLE DAILY

#1 Main Entrée Choices				
Monday	Tuesday	Wednesday	Thursday	Friday
This institution is an equal opportunity provider			1 Chicken and Cheese Quesadilla Green Beans Vanilla Ice Cream	2 Lasagna Mixed Vegetables Chocolate Cake  
5 Fish Sticks Mac N Cheese Chocolate Pudding  	6 Hard/Soft Shell Tacos w/Salsa Rice and Beans Orange Smiles	7 Pizza Rolls Corn Sugar Cookie	8 Pulled Pork Sweet Potato Waffle Fries Frozen Fruit Bar	9 Cheese Ravioli in Sauce Cooked Carrots Apple Crisp  
12 Mini Corn Dogs Baked Beans Oreos	13 Baked Potato Bar w/ Breadstick Steamed Broccoli Rice Krispie Treat	14 Pepperoni Calzone w/ Sauce Confetti Fries Sorbet	15 Toasted Ravioli w/ Sauce Corn Fruit Snacks	16 Alfredo Noodles Veggie Sticks Iced Grahams  
19 Buffalo Chicken Patty on Bun Peaches Brownie	20 Nachos w/or without Meat Refried Beans Cinnamon Roll	21 Lasagna Green Beans Apple Slices	22 Mozzarella Cheese Sticks w/Sauce Corn Chocolate Ice Cream	23 Fish Sticks Caesar Salad Snickers Doodle  
26 Pancakes w/ Sausage Hash Brown Pattie Fruit Cocktail  	27 Buttered Noodles w/ Meatballs Green Beans Fruit Smoothie	28 Chicken Noodle Soup w/Crackers Corn Choc. Chip Cookie	29 No Lunch Served 	30 No School Good Friday