

# ICD School December 2017 School Lunch Menu

All Lunch Trays Include  
Milk Choice or Bottled Water,  
Salad Bar and Fruit of the Day.



Student Lunch ..... \$3.25  
Extra Entrée..... \$1.00

### À LA CARTE ITEMS

Milk Choice ..... \$0.50  
Orange Juice ..... \$0.50  
Water-10oz..... \$0.50  
G2 gatorade-12oz.. \$1.25  
Salad Bar Only ..... \$3.00  
Breakfast Items ..... Varied  
Snack Items ..... Varied

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Lucky Tray Day

### Alternate Entrée Choices

#### Available Weekly

Mondays.....Chicken Nuggets (5)  
Tuesdays.....Hot Dog  
Wednesdays.....Cheeseburger on a Bun  
Thursdays.....Breaded Chicken Patty Sandwich  
Fridays.....Cheese Pizza

#2

#### Available Daily

Peanut Butter & Jelly Sandwich

#3

### ICD CAFÉ'S SALAD BAR

Lettuce (Mixed Romaine & Iceberg), Baby Carrots, Broccoli Florets, Green Peas, Diced Green Peppers, Diced Onions, Chopped Tomatoes, Black Beans, Craisins, Diced Eggs, Cottage Cheese, Shredded Cheddar Cheese, Homemade Ranch Dressing, Golden Italian Dressing, Applesauce and Fruit of the Day.



AVAILABLE DAILY

#1 Main Entrée Choices				
Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Alfredo Cooked Carrots Fresh Baked Cookie 
4 Salisbury Steak Mashed Potatoes with or without Beef Gravy Chocolate Pudding	5 Taco Crunchy or Soft Shell Rice & Beans Cinnamon Roll	6 Pulled Pork Doritos Rice Krispie Treat 	7 French Toast Sticks and Sausage Potato Smiles Strawberry Cup 	8 Cheese Ravioli in Marinara Sauce Green Beans Brownie 
11 Chicken Noodle Soup w/ Crackers Bosco Breadstick Sliced Apples	12 Meatball Sub Chips Chocolate Cake	13 Pancakes w/ Sausage Tatar Tots Fruit Cocktail 	14 Mozzarella Cheese- sticks w/ Marinara Sauce Corn Oreos	15 Crisпитos Cooked Carrots Apple Crisp 
18 Mini Corndogs Potato Smiles Ice Cream	19 Nachos with or without meat Refried Beans Christmas Smoothie	20 Chicken Parmesan Rotini w/ Marinara Sauce Iced Grahams	21 Lasagna w/ Bread- stick Green Beans Christmas Cookie 	22 Early Dismissal No Lunch Served 
This institution is an equal opportunity pro- vider.				