

ICD School October 2017 School Lunch Menu

All Lunch Trays Include
Milk Choice or Bottled Water,
Salad Bar and Fruit of the Day.



Student Lunch \$3.25
Extra Entrée..... \$1.00

À LA CARTE ITEMS

Milk Choice \$0.50
Juice..... \$0.50
Water-10oz..... \$0.50
G2 gatorade-12oz.. \$1.25
Salad Bar Only \$3.00
Breakfast Items Varied
Snack Items Varied

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GRAB and Go breakfast
Lucky Tray Day

Alternate Entrée Choices

Available Weekly

Mondays.....Chicken Nuggets (5)
Tuesdays.....Hot Dog on a Bun
Wednesdays.....Cheeseburger on a Bun
Thursdays.....Breaded Chicken Patty Sandwich
Fridays.....Cheese Pizza

#2

Available Daily

Peanut Butter & Jelly Sandwich

#3

ICD CAFÉ'S SALAD BAR

Lettuce (Mixed Romaine & Iceberg), Baby Carrots, Broccoli Florets, Green Peas, Diced Green Peppers, Diced Onions, Chopped Tomatoes, Black Beans, Craisins, Diced Eggs, Cottage Cheese, Shredded Cheddar Cheese, Homemade Ranch Dressing, Golden Italian Dressing, Applesauce and Fruit of the Day.



AVAILABLE DAILY

#1 Main Entrée Choices				
Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 Pretzel w/ Cheese Sauce Confetti Fries Peach Crisp	4 Nachos/ Macho Nacho Refried Beans Frozen Smoothie	5 Sloppy Joe Tater Tots Fudge Bar Lucky Tray Day	6 Cheese Ravioli w/ Marinara Sauce Broccoli Florets w/ Dip Double Chocolate Chip Cookie Pizza Hut
9 Salisbury Steak Mashed Potatoes M & M Cookie	10 Taco Day Crunchy or Soft Spanish Rice w/ Beans Fruit Roll Up	11 Rotini & Meat Sauce Green Beans Vanilla Ice Cream	12 Pancakes w/ Sausage Link Potato Smiles Sliced Apples Breakfast	13 Early Release Day No Lunch Served
16 Bosco Bread Stick Corn Frozen Fruit Juice	17 Meatball Sub Doritos Cinnamon Roll	18 Pizza Rolls Three Bean Salad Chilled Grapes	19 Butter Noodles w/ Roll Green Beans Snickerdoodle	20 Mozzarella Sticks w/ Marinara Sauce Cooked Carrots White Cake Pizza Hut
23 Egg Ham and Cheese Biscuit Hash Brown Fruit Cocktail Breakfast	24 Chili & Crackers Fritos Pineapple Upside-down Cake	25 Mini Corn Dogs Baked Beans Ice Cream Variety	26 BBQ Ham on Bun Cole Slaw Halloween Cookie	27 Parent/Teacher Conference No School
30				This institution is an equal opportunity provider