

# ICD School November 2017 School Lunch Menu

All Lunch Trays Include  
Milk Choice or Bottled Water,  
Salad Bar and Fruit of the Day.



Student Lunch ..... \$3.25  
Extra Entrée..... \$1.00

### À LA CARTE ITEMS

Milk Choice ..... \$0.50  
Juice..... \$0.50  
Water-10oz..... \$0.50  
G2 gatorade-12oz.. \$1.25  
Salad Bar Only ..... \$3.00  
Breakfast Items ..... Varied  
Snack Items ..... Varied

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GRAB and Go breakfast  
Lucky Tray Day

### Alternate Entrée Choices

#### Available Weekly

Mondays.....Chicken Nuggets (5)  
Tuesdays.....Hot Dog on a Bun  
Wednesdays.....Cheeseburger on a Bun  
Thursdays.....Breaded Chicken Patty Sandwich  
Fridays.....Cheese Pizza

#2

#### Available Daily

Peanut Butter & Jelly Sandwich

#3

### ICD CAFÉ'S SALAD BAR

Lettuce (Mixed Romaine & Iceberg), Baby Carrots, Broccoli Florets, Green Peas, Diced Green Peppers, Diced Onions, Chopped Tomatoes, Black Beans, Craisins, Diced Eggs, Cottage Cheese, Shredded Cheddar Cheese, Homemade Ranch Dressing, Golden Italian Dressing, Applesauce and Fruit of the Day.

AVAILABLE DAILY



#1 Main Entrée Choices				
Monday	Tuesday	Wednesday	Thursday	Friday
		1 	2 <b>Fall</b>	3 <b>Break</b>
6 Toasted Ravioli (5) Green Beans Frozen Fruit Bar	7 Taco Crunchy or Soft Refried Beans Peaches	8 Chicken Noodle Soup w/ Crackers Corn Cinnamon Roll 	9 Mini Corn Dogs (5) Potato Chips Chocolate Chip Cookie	10 Pepperoni Pizza Cooked Carrots Dream Cake 
13 Lasagna Caesar Salad Apple Crisp	14 Nachos & Cheese With or without Taco Meat Tex Mex Beans Orange Slices	15 Pancakes & Sausage Patties Hash Brown Frozen Smoothie 	16 Baked Potato Bar Steamed Broccoli Oreo Cookie	17 Bosco Breadstick Veggie Sticks/ Dip Marble Brownie 
20 Turkey & Gravy Mashed Potatoes with or without gravy Warm Roll Pumpkin Bar 	21 Chicken & Cheese Quesadilla Corn Iced Graham	22	23	24 
27 Grilled Cheese Baked Beans Yellow Cake	28 Pretzel w/ Cheese Sliced Apples Chocolate Pudding	29 Rotini w/ Meat Sauce Breadstick Ice Cream Sandwich	30 Mozzarella Sticks (4) w/ or without Marinara Sauce Green Beans Fruit Snacks	This Institution is an Equal Opportunity Provider