

ICD School February 2017 School Lunch Menu

All Lunch Trays Include
Milk Choice or Bottled Water,
Salad Bar and Fruit of the Day.



Student Lunch \$3.00
Extra Entrée..... \$1.00

À LA CARTE ITEMS

Milk Choice \$0.50
Orange Juice \$0.50
Water-10oz..... \$0.50
Capri Sun \$0.75
G2 gatorade-12oz.. \$1.25
Salad Bar Only \$2.75
Breakfast Items Varied
Snack Items Varied

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Alternate Entrée Choices

Available Weekly

Mondays.....Chicken Nuggets (5)
Tuesdays.....Pretzel and Cheese
Wednesdays.....Cheeseburger on a Bun
ThursdaysBreaded Chicken Patty Sandwich
FridaysNachos and Cheese

#2

Available Daily

Peanut Butter & Jelly Sandwich

#3

ICD CAFÉ'S SALAD BAR

Lettuce (Mixed Romaine & Iceberg), Baby Carrots, Broccoli Florets, Green Peas, Diced Green Peppers, Diced Onions, Chopped Tomatoes, Black Beans, Craisins, Diced Eggs, Cottage Cheese, Shredded Cheddar Cheese, Homemade Ranch Dressing, Golden Italian Dressing, Applesauce and Fruit of the Day.



AVAILABLE DAILY

#1 Main Entrée Choices				
Monday	Tuesday	Wednesday	Thursday	Friday
		1 Frito Pie Corn Orange Smiles 	2 Meatball Sub 3 Bean Salad Chocolate Pie	3 Cheese Pizza Mixed Vegetables Fruit Cocktail
6 Chicken Noodle Soup Goldfish Crackers Brownie	7 Mini Corn Dogs Cole Slaw Apple Slices	8 Hamburger on a Bun Confetti Fries Frozen Juice Bar	9 Toasted Ravioli w/ Marinara Sauce Carrot Sticks Oreo Cookies	10 No Lunch Served
13 Pancakes w/ Syrup & Sausage Link Hash Brown Pineapple Chunks	14 Taco w/ Salsa Crunchy or Soft Spanish Rice Cinnamon Applesauce	15 Buttered Pasta w/ Meatballs Green Beans Sorbet	16 BBQ Rib Sandwich Baked Beans Rice Krispie Treat	17 Pepperoni Pizza Cooked Carrots Yellow Cake
20 No School President's Day	21 Egg and Cheese Biscuit Sausage Links Strawberry Fruit Cup	22 Turkey and Cheese- Wrap Corn Sugar Cookie	23 Crispito w/ Salsa Refried Beans Fruit Snack	24 Cheese Pizza Celery Sticks Iced Grahams
27 Chili w/ Crackers Corn Bread Pear Halves	28 Hot Dog on Bun Baked Beans Chocolate Chip Cookie			